

# Settings For Your Email Programs (IMAP & POP3)

You can use your IONOS email address with any email program. Simply enter your email credentials and IONOS email server settings in the program of your choice.

You should [Create a IONOS Email Address in IONOS](#) first, if you have not done so already.

**Please note:** Many email programs automatically detect your email server details and complete the setup **without having to enter the data manually**. It is suggested not to manually enter the server settings or adjust them manually unless you have problems sending and receiving emails.

## Choice of account type

When setting up the account in your email program, you can set up the account using either [IMAP](#) or [POP](#). We recommend using IMAP.

## Access data for your account

Setting	Value
Username	Your complete email address, such as account@example.co.uk
Password	The password to your email address. You can set a new email account password in your IONOS Customer Account or Webmail if lost or forgotten.

## Account settings for IMAP

### Incoming Mail Server

Setting	Value
Server address	imap.ionos.co.uk
Port (for SSL Encryption)	993
Port (Unsecured)	143

### Outgoing Mail Server (SMTP)

Setting	Value
Server	smtp.ionos.co.uk
Port (for SSL)	465
Port (TLS/STARTTLS, alternative to SSL)	587

## Account settings for POPs

### Incoming Mail Server

Setting	Value
Server Address	pop.ionos.co.uk
Port (for SSL Encryption)	995
Port (Unsecured)	110

### Outgoing Mail Server (SMTP)

Setting	Value
Server address	smtp.ionos.co.uk
Port (for SSL)	465
Port (TLS/STARTTLS, alternative to SSL)	587

**Please note:** Activate the **SMTP authentication** option for the outgoing mail server (SMTP), not the SPA option.

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<https://www.ionos.co.uk/help/email/general-topics/settings-for-your-email-programs-imap-pop3/>

## IONOS Mobile App

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